

CYNTHIA MORROW
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CURRICULUM VITAE

LICENSURE

June 2000
Marriage and Family Therapist (MFC 36737)

EDUCATION

1991-1995
California Institute of Integral Studies
Master of Arts, Counseling Psychology
1986-1990
University of California, Santa Cruz
Bachelors of Arts, Psychology

PSYCHOTHERAPY EXPERIENCE

2005-present
Private Practice, Sebastopol, CA.
Licensed Marriage and Family Therapist: Provides psychotherapy services and consultation to adult individuals. Integrates psychodynamic, somatic, transpersonal/spiritual, and eco-psychological models of development and healing. Works with issues of depression, anxiety, trauma, eating disorders, attachment/relational issues, and spiritual emergence.

2000-2014
Private Practice, San Francisco, CA.
Licensed Marriage and Family Therapist: Provided direct psychotherapy services to adult individuals, couples, and groups. Integrated psychodynamic, somatic, transpersonal/spiritual, and eco-psychological models of development and healing. Provided clinical supervision for MFT interns. Worked with issues of depression, anxiety, trauma, eating disorders, attachment/relational issues, and spiritual emergence.

1999-2001
Clement Street Counseling Center, S.F., CA.
Administrative Manager. Led weekly clinical orientation groups for new trainees. Facilitated group dynamics. Worked with Clinical Director in managing all administrative tasks involved in running the center. Currently named Center for Somatic Psychotherapy.

1998-2000
Private Practice Internship, S.F., CA.
M.F.T. Intern: Provided direct psychotherapy treatment to individuals, couples, and children presenting with a broad range of psychological issues. Practiced from a psychodynamic base with an eclectic array of therapeutic modalities.

1998-1999
Raphael House, S.F., CA.
M.F.T. Intern: Provided direct treatment to children afflicted with homelessness. Assisted with the after-school program, providing structure and support in academics, art, socialization, and individual and group play therapy. Regular

inservice trainings on the Waldorf/anthroposophical model of child development emphasized structure, modeling, and the creative process.

1996-1998

Center for Psychological Services, S.F., CA.

M.F.C.C. Intern: Provided direct psychotherapy treatment to individuals, couples, and children. Attended regular supervision sessions and inservice trainings which focused on psychodynamic theory, play therapy, and couples work.

1994-1995

New Perspectives Center for Counseling, S.F., CA.

M.F.C.C. Intern: Provided direct treatment to individuals seeking help with relationship issues, depression, substance abuse, and individuation issues. Received trainings on Jung, Milton Erickson, object relations theory, and family systems theory.

1993-1994

Integral Counseling Center, Church Street, S.F., CA.

M.F.C.C. Trainee: Provided direct treatment to individuals and couples with relationship issues, sexual abuse, eating disorders, and depression. Received training in Gestalt therapy.

ECOPSYCHOLOGY EXPERIENCE

2016

Mojave Wilderness Vision Fast: Awakening the Inner Fire, Mojave National Preserve, CA, co-facilitated with Roy Remer

Walk Into the Wild Heart: An Individually Guided Ecotherapy Program, One Saturday every two months

2015

Walk Into the Wild Heart: An Individually Guided Ecotherapy Program, One Saturday every two months

2014

School of Lost Borders: Vision Fast for Women, Inyo Mountains, CA, co-facilitated with Silvia Talavera

Elementals of Living & Dying Series: Awakening the Inner Fire, 7 day program with 24 hour solo wilderness fast, Mojave National Preserve, CA, co-facilitated with Roy Remer

Elementals of Living & Dying Series: Tracking the Winds of Purpose, Sonoma County, CA, co-facilitated with Roy Remer

2013

Elementals of Living & Dying Series: Bowing at Earth's Altar, Sonoma County, CA, co-facilitated with Roy Remer

Ecopychology Experiential Training: Initiation and Soul-Making in the Wilderness, Sonoma County, CA, co-facilitated with Vanessa Eyen

Elementals of Living & Dying Series: Entering the River, Sonoma County, CA, co-facilitated with Roy Remer

Mojave Wilderness Vision Fast: Awakening the Inner Fire, Mojave National Preserve, CA, co-facilitated with Roy Remer

2012

School of Lost Borders: Vision Fast for Women, Inyo Mountains, CA, co-facilitated with Silvia Talavera

Mojave Wilderness Vision Fast: Awakening the Inner Fire, Mojave National Preserve, CA, co-facilitated with Roy Remer

Ecopychology Experiential Training: Initiation and Soul-Making in the Wilderness, Sonoma County, CA, co-facilitated with Vanessa Eyen

2011

School of Lost Borders: Vision Fast for Women, Inyo Mountains, CA, co-facilitated with Silvia Talavera

Wilderness Vision Fast, Los Padres National Forest, CA, co-facilitated with Sara Harris

Finding Calm within the Chaos: Connecting with Spirit in Deep Desert Time, Mojave National Preserve, CA, co-facilitated with Roy Remer

2010

Women's Quest, Yolla Bolly Wilderness, CA, co-facilitated with Sara Harris

Poetry of Place DayQuest, Austin Creek State Park, Sonoma County, CA, co-facilitated with Roy Remer

Ecopsychology Experiential Training: Initiation and Soul-Making in the Wilderness, Sonoma County, CA, co-facilitated with Vanessa Eyen

2009

Four Seasons of the Heart DayQuest, Sonoma County, CA, co-facilitated with Sara Harris

Spring Equinox Ceremony, Sonoma County, CA, co-facilitated with Susan Kistin

Ecopsychology Talk, JFK University, Pleasant Hill, CA, given with Sara Harris

2008

Wilderness Vision Quest for Women, Lassen Volcanic National Park, CA, co-facilitated with Sara Harris

Fall Equinox Ceremony, Marin County, CA

Awakening the Wild Heart of the Healer, West Marin, CA, spring series, co-facilitated with Dave Talamo

2007

Awakening the Wild Heart of the Healer, West Marin, CA, fall series, co-facilitated with Dave Talamo

Wilderness Vision Quest for Women, Sonoma County, CA, co-facilitated with Sara Harris

Four Shields of Woman, West Marin and Sonoma Counties, CA, co-facilitated with Annie Deichmann

Holos Institute, West Marin, CA, co-therapy half-day experiential training for Holos interns.

2006

EarthWays Collective – became a member to guide wilderness rites of passage programs. Sonoma County, CA

Holos Institute, West Marin, CA, Honoring the Wheel of Life: A Day of Ceremony in Nature

School of Lost Borders, Big Pine, CA, Vision Fast Guide

2005

School of Lost Borders, Big Pine, CA, *Vision Fast Apprentice/Assistant*, spring fast and summer women's fast

2004-2006

Holos Institute, Oakland, CA, Nature Therapy Coordinator

CLINICAL SUPERVISOR

2003-2014

Center for Somatic Psychotherapy, S.F., CA. Individual supervision.

2004-2010

Holos Institute, Oakland & S.F., CA. Individual and occasional group supervision.

2008-2009

Integral Counseling Center, Church St., S.F., CA. Individual supervision.

2006-2007

Earth Circles, Oakland, CA. Individual supervision.

2005-2006

Center for Somatic Psychotherapy, S.F., CA. Weekly supervision group.

2004-2005

Marina Counseling Center, S.F., CA. Individual supervision.

2002-2003

Sophia Project, Oakland, CA. Individual supervision.

CLINICAL TRAININGS GIVEN

2004

Holos Institute, Oakland, CA. *Reclaiming the Temple: An Integrative Approach to Healing from the Effects of Trauma.*

2003

Woman Inc., S.F., CA. *Eating Disorders: Assessment and Treatment.*

2002

Woman Inc., S.F., CA. *Eating Disorders: Assessment and Treatment.*

2001

New Perspectives Center for Counseling, S.F., CA. *Trauma & the Body.*

2000

Clement Street Counseling Center, S.F., CA. *Trance: Shamanic Journeying & the Creative Use of Dissociation.*

Clement Street Counseling Center, S.F., CA. *Red Flag Issues in Psychotherapy.*

CONTINUING EDUCATION (received)

2012-now Japanese Language Classes with Enmanji Temple Japanese Language School

2016 Wilderness First Responder Certification with Wilderness Medicine Institute

2012-2014 Biodynamic Craniosacral Therapy 2-year certification training with Gary Peterson

2013 Wilderness First Aid Certification with Bobbie Foster

2011 Continuum Montage with Susan Harper

2009 Wilderness First Aid Certification with Bobbie Foster

2007-2008 Biodynamic Cranial Touch with Charles Ridley: Year-long Certification Course

2008 Rosen Method Bodywork Training: 2 week-long intensives

2004-2006 School of Lost Borders: Eco-therapy and Wilderness Passage Rites

2006 Wilderness First Aid Certification with Wilderness Medicine Institute

2000-2006 Shamanism and Psychotherapy: consultation group with Jan Edl Stein

2004 Somatic Experiencing for trauma resolution: consultation group with Ariel Giarretto and Julia Gombos

2001-02 Sensorimotor Psychotherapy Institute-- 6 month Trauma Resolution training

PREVIOUS COUNSELING EXPERIENCE

1991

Tempcare, San Mateo, CA. On-call teaching assistant for various Bay Area pre-schools. Supervised children in early childhood education settings.

1989-1990

Listen Foundation, Felton, CA. Counselor at a non-profit, behavior modification based residential care facility for children and adolescents with autism and other severe emotional and behavioral disorders.

1988-1989

C. Thomas Foundation, Sunnyvale, CA. Counselor at a non-profit educational and residential treatment facility for children and adults with autism and other severe developmental disabilities.

VOLUNTEER EXPERIENCE

1991

San Mateo Battered Women's Services, San Mateo, CA. Crisis line counselor/advocate.

1990

Soquel Elementary School, Soquel, CA. Teaching assistant, special education for emotionally disturbed youth.

RELATED ACTIVITIES

- Ordained novice Japanese Tendai Buddhist priest in December 2016
- Over 25 years in the practice of yoga
- 15 years of study and practice in shamanism and indigenous healing traditions
- Life-time of integrating East Asian and Western cultural and spiritual traditions