

EarthWays LLC presents:

Elementals of Living & Dying Series:

Entering the River

Roy Remer & Cynthia Morrow

*The same stream of life that runs
through my veins night and day
runs through the world and dances
in rhythmic measures.*

- Rabindranath Tagore

Saturday, July 20, 2013

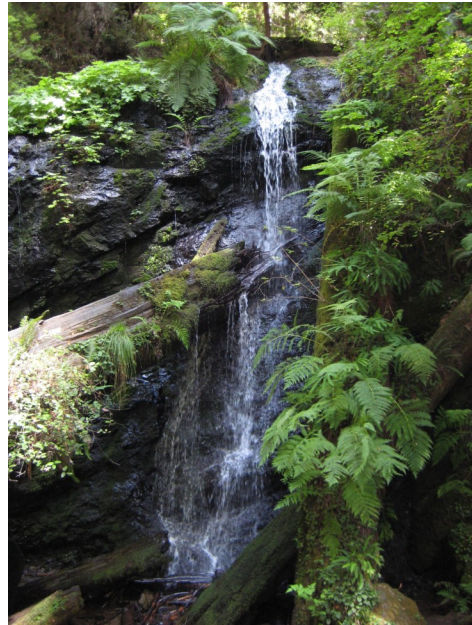
9am-5pm

Austin Creek, Sonoma County

\$100 (partial scholarships available)

6 CEUs for LMFTs & LCSWs (#PCE5400)

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Our journey begins around the wheel of living and dying with summer, a day-long celebration of our physical nature. We will explore our relationship with the element of water, inviting a deepening awareness of sensation through stillness and movement. The natural world will be our mirror for connecting with the dynamic fluidity of embodiment. In stepping consciously into this river of life, you will have the opportunity to mark a bold step out of the garden of *Innocence* onto *Decision Road*, an ancient path toward conscious dying. Together we will explore what it means to live fully each moment by “dying before we die”, to meet the truth of our own mortality with awakened intention. This is the first gathering in a year-long program, which can be taken individually or as a series.

Roy Remer is the volunteer manager/facility manager at Zen Hospice Project in San Francisco. He has served as a hospice caregiver for over 15 years. In 2008 he completed the Metta Institute’s year long End-of-Life Caregiver Training. Roy is dedicated to supporting persons through all life’s major transitions. He has trained with the School of Lost Borders and is certified in Wilderness First Aid. Contact: roy@earthways.info

Cynthia Morrow, MA, MFT, is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic craniosacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is certified in Wilderness First Aid. Her web address: www.natureofsoul.com. Contact: cynthia@earthways.info