

EarthWays LLC presents...



Ecopsychology Experiential Training: *Initiation and Soul-Making in the Wilderness*

Saturday, September 14th, 2013, 9am-5pm
Austin Creek, Sonoma County
Cynthia Morrow MFT & Vanessa Eyen MFTI
6 CEUs available for MFTs and LCSWs
(Provider #PCE5400)
\$90 (partial scholarships available)

*...you had to go out in the world and make it your own
so you could come back with
that flame in your voice, saying listen...
this warmth, this unbearable light, this fearful love...
It is all here, it is all here.
- David Whyte*

For thousands of years, earth-based initiation practices have been cultivated as vital elements in the nourishment and survival of the human community. Initiated men and women bring to their people gifts of wisdom, love, perseverance, and a profound honoring of nature and spirit. Today, we see the devastating effects—personally and collectively—from the loss of traditional rites of passage. In this day-long exploration, we will discuss what our contemporary field of psychology can learn from these pan-cultural practices. Moving towards an integrative model of psychotherapy, we will gather together to remember our ancient relationship with the natural world and the making of a soul-ful life.

In our small group format, we will discuss depth psychology, ecopsychology, rites of passage, and the earth-based teachings of the Four Shields of Human Nature. You will have significant solo time upon the land to experientially explore these themes with a focused intent. We will gather again in council to hear your stories and to practice a ceremonial form of ‘mirroring’. Included will be time to discuss the clinical applications of these practices and how you might creatively apply them to your own life and work.

Cynthia Morrow, MA, MFT (lic.# MFC36737), is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic craniosacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is certified in Wilderness First Aid. Her web address is www.natureofsoul.com. Cynthia can be reached at 415-221-6373, or cynthia@earthways.info for information and registration.

Vanessa Eyen, MA, MFTI (supervised by Mark Doolittle, PhD), is passionate about serving as a guide to help people foster an authentic connection to themselves, others and the natural world. She gives her gifts to the community through providing nature based counseling as a marriage and family therapist intern, teaching personal and social sustainability at Credo High School, and as a joyful and dedicated mother to her son Sage. Vanessa can be reached at: 707-888-3239, or vanessa@earthways.info for information and registration.